

U.S. SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

FORM 4

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

[] Check box if no longer subject to Section 16.

Form 4 or Form 5 obligations may continue. See Instructions 1(b).

1. Name and Address of Reporting Person

Topol, Sidney
20 Sylvan Road
Woburn, MA 01801

2. Issuer Name and Ticker or Trading Symbol

Alpha Industries, Inc. AHA

3. IRS or Social Security Number of Reporting Person (Voluntary)

4. Statement for Month/Year

03/31/98

If Amendment, Date of Original (Month/Year)

Relationship of Reporting Person to Issuer (Check all applicable)

(x) Director () 10% Owner () Officer (give title below)
() Other (specify below)

Table I -- Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1. Title of Security	2. Transaction Date	3. Code	4. Securities Acquired (A) or Disposed of (D)			5. Amount of Securities Beneficially Owned at End of Year	6. Dir (D) or Indir (I)	7. Nature of Indirect Beneficial Ownership	
			Amount	A/D	Price				
Common Stock	03/16/1998	M	3000	A	5.875	34000	D		

Table II -- Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative	3. Transaction Date	4. Code	5. Number of Derivative Securities Acquired (A) or Disposed of (D)	6. Date Exercisable or Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities	8. Price of Derivative Security	9. Number of Derivative Securities	10. Dir (D) or Indir (I)	11. Nature of Indirect Beneficial Ownership

/s/ James C. Nemiah, under POA
SIGNATURE OR REPORTING PERSON
James C. Nemiah, under POA to be filed with S.E.C.
DATE
03/23/98