

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

[X] Check box if no longer subject to Section 16.
 Form 4 or Form 5 obligations may continue. See Instructions 1(b).

1. Name and Address of Reporting Person

Reid, Martin J.
 20 Sylvan Road
 Woburn, MA 01801

2. Issuer Name and Ticker or Trading Symbol

Alpha Industries, Inc. AHA

3. IRS or Social Security Number of Reporting Person (Voluntary)

4. Statement for Month/Year

01/31/98

If Amendment, Date of Original (Month/Year)

Relationship of Reporting Person to Issuer (Check all applicable)

(x) Director () 10% Owner () Officer (give title below)

() Other (specify below)

Table I -- Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security	2. Date	3. Transaction Code	4. Securities Acquired (A) or Disposed of (D) Amount	A/D	Price	5. Amount of Securities Beneficially Owned at End of Year	6. Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership
Common Stock	01/20/98	M	6000	A	2.75	106763	D	
Common Stock	01/20/98	S	6000	D	18.50	106763		
Common Stock	01/20/98	M	2000	A	2.75	106763	D	
Common Stock	01/20/98	S	2000	D	18.563	106763		
Common Stock	01/20/98	M	5000	A	2.75	106763	D	
Common Stock	01/20/98	S	5000	D	18.438	106763		
Common Stock	01/20/98	M	1100	A	2.75	106763	D	
Common Stock	01/20/98	S	1100	D	18.375	106763		

Table II -- Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative Security	3. Date	4. Transaction Code	5. Number of Derivative Securities Acquired (A) or Disposed of (D) Amount	6. Date Exercisable and Expiration Date Date/Date	7. Title and Amount of Underlying Securities Title and Number of Shares	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned at End of Year	10. Direct (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership
Employee Stock Option	2.75	01/20/98	M	14100	07/02/95 - 07/02/02	Common Stock 40000		88900		

SIGNATURE OR REPORTING PERSON

By James C. Nemiah, for Reporting Person, under POA filed with SEC

DATE

02/09/98