

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

[] Check box if no longer subject to Section 16.

Form 4 or Form 5 obligations may continue. See Instructions 1(b).

1. Name and Address of Reporting Person

Vincent, Paul E.
20 Sylvan Road
Woburn, MA 01801

2. Issuer Name and Ticker or Trading Symbol

Alpha Industries, Inc. AHA

3. IRS or Social Security Number of Reporting Person (Voluntary)

4. Statement for Month/Year

11/30/97

If Amendment, Date of Original (Month/Year)

Relationship of Reporting Person to Issuer (Check all applicable)

() Director () 10% Owner (x) Officer (give title below)

() Other (specify below)

Vice President, CFO

Table I -- Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security	2. Transaction Date	3. Code	4. Securities Acquired (A) or Disposed of (D) Amount	5. Amount of Securities Beneficially Owned at End of Year	6. Director (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership
Common Stock	11/25/97	M	1000	A \$2.50 9066	D	
Common Stock				1165.1	I	By Trust [1]

Table II -- Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date	4. Code	5. Number of Derivative Securities Acquired (A) or Disposed of (D) Amount	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned at End of Year	10. Director (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership
Employee Stock Option	\$2.50	11/25/97	M	1000	09/21/92 - 09/21/00	Common Stock 1000		29500	D	

Explanation of Responses:

1. Stock held in Alpha Industries, Inc. Savings & Retirement Plan Trust

SIGNATURE OF REPORTING PERSON

/s/ Paul E. Vincent

DATE