

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

[] Check box if no longer subject to Section 16.

Form 4 or Form 5 obligations may continue. See Instructions 1(b).

1. Name and Address of Reporting Person

Reid, Martin J.
 20 Sylvan Road
 Woburn, MA 01801

2. Issuer Name and Ticker or Trading Symbol

Alpha Industries, Inc. AHA

3. IRS or Social Security Number of Reporting Person (Voluntary)

4. Statement for Month/Year

11/30/97

If Amendment, Date of Original (Month/Year)

Relationship of Reporting Person to Issuer (Check all applicable)

(x) Director () 10% Owner () Officer (give title below)
 () Other (specify below)

Table I -- Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security	2. Date	3. Transaction Code	4. Securities Acquired (A) or Disposed of (D)			5. Amount of Securities Beneficially Owned at End of Year	6. Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership
			Amount	A/D	Price			
Common Stock	11/17/97	M	10000	A	2.50	106763	D	
Common Stock	11/17/97	S	10000	D	19	106763		
Common Stock	11/17/97	M	1900	A	2.50	106763	D	
Common Stock	11/17/97	S	1900	D	20	106763		
Common Stock	11/17/97	M	500	A	2.50	106763	D	
Common Stock	11/17/97	S	500	D	20.125	106763		
Common Stock	11/18/97	M	15400	A	2.50	106763	D	
Common Stock	11/18/97	S	15400	D	19.50	106763		
Common Stock	11/18/97	M	2200	A	2.50	106763	D	
Common Stock	11/18/97	S	2200	D	19.563	106763		
Common Stock	11/18/97	S	2200	D	19.563	106763		

Table II -- Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Derivative Security	2. Conversion or Exercise Price of Derivative Security	3. Date	4. Transaction Code	5. Number of Derivative Securities Acquired (A) or Disposed of (D)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities	8. Price of Derivative Security	9. Number of Derivative Securities Beneficially Owned at End of Year	10. Direct (D) or Indirect (I)	11. Nature of Indirect Beneficial Ownership
Employee Stock Option	2.50	11/17/97	M	12400	09/21/91 - 09/21/00	Common Stock	12400	63000	D	
Employee Stock Option	2.50	11/18/97	M	17600	09/21/91 - 09/21/00	Common Stock	17600	63000		

SIGNATURE OF REPORTING PERSON
 By James C. Nemiah, for Reporting Person, under POA filed with SEC
 DATE
 12/01/97